

Blessed  
are you  
God (Lord)

*Baruch*  
*ata*  
*Adonai*

בָּרוּךְ אַתָּה יי

our God  
ruler (king) of  
the world (universe)

*Eloheinu*  
*melech*  
*ha-olam*

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

who  
has made us holy  
by (his) commandments

*asher*  
*kideshanu*  
*be-mitzvotav*

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו

and commanded us  
about  
immersion.

*ve-tzivanu*  
*al*  
*ha-tevilah*

וְצִוָּנוּ עַל הַטְּבִילָה

On a special occasion, you may also say:

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אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

who gives us life

*she-hecheyanu*

שֶׁהַחַיָּנוּ

and sustains us

*ve-kiyemanu*

וְקִיָּמָנוּ

and brings us

*ve-higiyanu*

וְהִגִּיעָנוּ

to this time (season).

*la-zman*  
*ha-zeh*

לְזַמַּן הַזֶּה